THE Fox & Hounds AT SPROSTON

SUNDAY MENU

STARTERS

Homemade Soup of the Day with Chia Seed & Corn Cobble **£6.50 G V VE**

Southern Seasoned Halloumi Fries with Sweet Chilli **£7.95 G V**

Prawn Cocktail with Marie Rose Sauce, Avocado, Cucumber, Gem Lettuce & Brown Bloomer **£9.95 G**

Freshly Baked Plain Garlic Ciabatta **£6.95** with Cheese **£7.95 G V VE**

Confit Duck Leg Wontons with Yuzu Ponzu & Honey Drizzled & Kewpie Mayonnaise **£8.95**

Beetroot Bruschetta with Burnt Baby Leeks & Confit Cherry Tomato Chutney **£7.95 G V VE**

Loaded Hummus topped with Hazelnuts, Walnuts & Pomegranate with Breads **£8.95 G V VE N (Contains Sesame)**

Salt & Pepper Crispy Calamari with Sweet Chilli Dip **£7.95 G**

Asian Deli Board (To Share) – Crispy Shredded Beef, Hoisin Duck, Chinese Pancakes, Cucumber Batons, Asian Slaw, Bao Buns, Corn Fire Crackers & Sweet Chilli **£14.95 G**

MAINS

Roast Sirloin of Beef with Yorkshire Pudding, Seasonal Vegetables, Roast Potatoes & Gravy **£18.95 G**

Roast Chicken with Yorkshire Pudding, Seasonal Vegetables, Roast Potatoes & Gravy **£17.95 G**

Roast Lamb with Yorkshire Pudding, Seasonal Vegetables, Roast Potatoes & Gravy **£18.95 G**

Trio of Meats (Beef, Chicken & Lamb) with Yorkshire Pudding, Seasonal Vegetables, Roast Potatoes & Gravy **£21.95 G**

OAP Roast (Beef, Chicken or Lamb) **£13.95 G**

Children's Roast (12 years & under) (Beef, Chicken or Lamb) **£9.95 G**

Beer Battered Cod with Chips, Mushy Peas, Tartare Sauce & Lemon *Light* **£13.95** *Large* **£17.95 G**

Superfood Salad with Quinoa, Pumpkin Seeds, Pomegranate, Edamame Beans, Mixed Leaves, Chickpeas, Spinach & Honey & Kefir Dressing **£16.95 G V VE (add Chicken, Salmon or Goats Cheese £3)**

'Fox & Hounds' Double Beef Burger with BBQ Pulled Beef, Double Cheese, Bacon Jam, Lettuce, Tomato, Sliced Pickle & Chips **£19.95 G**

Steak & Guinness Pie with Roast Potatoes, Seasonal Vegetables & Gravy **£19.95** (Please allow 25 mins cooking time)

Leek, Sweet Potato & Brie Crumble Bake with Seasonal Vegetables & Garlic Flat Bread **£17.95 G V**

Seafood Boil with King Prawns, Salmon Pieces, Baby Clams, Baby Mussels, Langoustine, Samphire Grass, Lemon Parsley & Wine Butter Sauce & Crusty Bread **£22.95 G**

Lemon Scented Linguine with Courgette, Gordal Olives, Feta & Heritage Cherry Tomatoes **£16.95 G V VE**
(add King Prawns, Salmon or Chicken £3)

SIDE ORDERS £4.50 Each

Chips **G V VE**	Garden Salad **G V VE**
Coleslaw **G V**	Creamy Mashed Potatoes **G V**
Seasonal Vegetables **G V VE**	Skin on Fries **G V VE**

All our dishes are freshly prepared & most can be adapted to cater for your needs. Although dishes without the symbol N are made without nuts, there's a possibility that traces of nuts may still be found in them. Gluten Free dishes may contain traces of Gluten. Please make us aware of any allergies or special dietary requirements.

G – Gluten Free Options Available V – Vegetarian Available VE – Vegan Option Available N – Contains Nuts or Nut Oils

THE Fox & Hounds AT SPROSTON

CHILDREN'S 3 COURSE MENU £9.95

(12 YEARS AND UNDER)

STARTERS

Homemade Soup of the Day **G V VE**
Carrot Sticks with Hummus Dip **G V VE (Contains Sesame)**
Garlic Bread with or without Cheese **G V VE**
Mini Chicken Skewer with Mayonnaise **G**

MAINS

Cheese Burger with Chips, Peas or Beans **G**
Sausage & Mash with Peas or Beans
Fish Goujons with Chips, Peas or Beans **G**
Chicken Goujons with Chips, Peas or Beans **G**
Mac & Cheese Quesadilla & Sour Cream with Peas or Beans **G V VE**

DESSERT

Choice of Ice Cream or Sorbet **G V VE N**
Kinder Bueno Sundae with Hazelnut Ice Cream & Chantilly Cream **V N**
Warm Chocolate Brownie with Chocolate Sauce **G V**

DESSERTS

Salted Caramel Sticky Toffee Pudding with Vanilla Ice Cream **£7.50 G V**

Cheesecake of the Day with Vanilla Ice Cream **£7.50 G V**

Warm Chocolate Brownie with Chocolate Sauce, Vanilla Ice Cream & Berries **£7.50 G V**

Kinder Bueno Sundae with Hazelnut Ice Cream, Kinder Bueno Pieces & Chantily Cream **£7.50 V N**

Salted Caramel Sticky Toffee Pudding with Vanilla Ice Cream **£7.50 G V**

Lemon Curd Meringue Sundae with Lemon Curd Ice Cream, Meringue Pieces & Chantily Cream **£7.50 G V**

Choice of Ice Cream or Sorbet. Two Scoops **£4.95** Three Scoops **£6.95 G V VE N**
Vanilla Pod, Chocolate, Strawberry, Honeycomb, Hazelnut & Chocolate, Mango Sorbet, Raspberry Sorbet, Vegan Vanilla & Vegan Chocolate Ice Cream Also Available

COFFEE & HOT DRINKS

Caffè Americano – A shot of rich, full bodied espresso with hot water & steamed milk **£3.45**

Cappuccino – Rich, full bodied espresso in steamed milk with a deep layer of milk foam **£3.95**

Espresso – Very strong black coffee made by forcing steam through ground coffee beans **£2.95** Double Espresso **£4.25**

Caffè Latte – Rich, full bodied espresso in steamed milk with a light layer of milk foam **£3.95**

Liqueur Coffee – Americano, with a shot of your choice of liqueur with floated cream & sugar - **£7.95**

Hot Chocolate – Hot chocolate with steamed milk **£3.75** *(Add Marshmallows 50p)*

Teas – Decaf, English Breakfast, Earl Grey, Green Tea, Chamomile, Lemon & Ginger, Cranberry & Raspberry or Peppermint **£3.50**

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