



THE
Fox & Hounds
AT SPROSTON

March Lunch Menu

Monday – Friday
12 - 4PM

Two Courses £17.50
Three Courses £21.50

STARTERS

Homemade Soup of the Day with Warm Ciabatta **G**

Prawn Cocktail with Marie Rose Sauce, Avocado, Cucumber, Gem Lettuce & Brown Bloomer **G**

Loaded Hummus topped with Hazelnuts, Walnuts & Pomegranate Seeds
with Warm Breads **G V VE N**

Belly Pork Bites with Apple Ketchup **G**

MAINS

Beer Battered Cod with Chips, Mushy Peas, Tartare Sauce & Lemon **G**

6oz Rump Steak with Grilled Mushroom, Tomato, Onion Rings & Chips (*Served Medium*) **G**

Sweet Potato, Red Pepper & Coconut Massaman Thai Curry with Mint & Lime Jasmine Rice &
Asian Slaw **G V VE**

Penne Pasta Chicken Carbonara with Parmesan Cheese & Garlic Bread Sticks **G**

DESSERTS

Sticky Toffee Pudding with Toffee Sauce & Honeycomb Ice Cream **V**

Rice Pudding with Mixed Berry Compote **G V**

Crumble of the Day with Custard **G V**

Choice of Bidlea Dairy's Ice Cream or Sorbet with Berries **G V VE**

Millionaires **G V**

Sour Cherry **G V**

Strawberries & Cream **G V**

Salted Caramel **G V**

Sorbet of the Week **G V VE**

Honeycomb **G V**

G – Gluten Free Options Available V – Vegetarian Available VE – Vegan Option Available
N – Contains Nuts or Nut Oils

All our dishes are freshly prepared & most can be adapted to cater for your needs. Although dishes without the symbol N are made without nuts, there's a possibility that traces of nuts may still be found in them. Please speak to a member of Staff regarding any Allergies or Special Dietary Requirements. This menu is not available on UK Bank Holidays.

