

# THE Fox & Hounds AT SPROSTON

## NIBBLES

Mezze of Flavoured Hummus, Marinated Olives, Feta Stuffed Peppers & Flatbreads **£7.50 V**

Mojito Pork & Chorizo Bonbons with Sriracha Aioli **£6.95**

Southern Fried Halloumi Fries with Sweet Chilli Dip **£5.95 V**

## STARTERS

Homemade Soup of the Day with Focaccia Bread **£6.50 G**

Oriental BBQ Ribs & Crispy Noodles **£8.50 G**

Tempura Squid with Lime & Basil Aioli **£7.50**

Classic Prawn Cocktail with Marie Rose Sauce, Avocado, Grilled Tiger Prawn & Bread & Butter **£8.95 G**

Parmesan & Rocket Salad with Parma Ham wrapped Asparagus & Balsamic Dressing **£7.95 G**

Sauteed Piri Piri King Prawns with Toasted Garlic Baguette **£9.50 G**

Heritage Tomato Bruschetta with Bocconcini, Black Olives & Basil **£5.95 G V**

## MAINS

Slow Braised Belly Pork with Carrot Purée, Parmentier Potatoes, Asparagus & Candy Beetroot **£18.95 G**

Fox & Hounds Grilled Chicken Caesar Salad with Crispy Bacon, Parmesan Coated Croutons & Baby Gem Lettuce **£14.95**

Pan Seared Spring Lamb Cutlets with Pea, Onion & Pancetta Fricassee, Potato Fondant & Roast Red Pepper Purée **£21.95 G**

8oz Fillet Steak with Beetroot Dauphinoise, Sautéed Baby Carrots, Purple Sprouting Broccoli & Béarnaise Sauce **£28.95 G**

10oz Ribeye Steak with Grilled Mushroom, Tomatoes, Onion Rings & Chips **£26.95 G**

Cajun Chicken Burger with Lettuce, Tomato, Pickled Red Onion, Coleslaw, House Sauce Chips **£14.45 G**

Superfood Salad with Quinoa, Broccoli, Sweet Potato, Avocado, Pomegranate Seeds, Edamame & House Dressing with Salmon, Chicken Breast or Halloumi **£15.95 G V VE**

Pan Fried Seabass with Sticky Rice, Thai Green Curry, Pak Choi & Chilli Candied Peanuts **£19.95 G N**

Steak & Guinness Pie with Creamy Mashed Potato, Creamed Cabbage & Gravy **£15.95**  
(Please allow 25 Minutes cooking time)

Beer Battered Cod with Chips, Mushy Peas, Tartare Sauce & Lemon  
*Light* **£10.95** *Large* **£14.95**

Cheddar Cheese & Bacon Beef Burger with Lettuce, Tomato, Pickled Red Onion, Coleslaw, House Sauce & Chips **£14.95 G**

**G – Gluten Free Options Available V – Vegetarian Available VE – Vegan Option Available N – Contains Nuts or Nut Oils**  
All our dishes are freshly prepared & most can be adapted to cater for your needs. Although dishes without symbol N are made without nuts, there's a possibility that traces of nuts may still be found in them. Please speak to a member of Staff regarding and Allergies or Special Dietary Requirements.

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## CHILDREN'S 3 COURSE MENU £7.95

(12 YEARS AND UNDER)

### STARTERS

- Cup of Soup **G**
- Tempura Prawns with Sweet Chilli Sauce
- Carrot Sticks with Hummus Dip **G V VE**

### MAINS

- Cheese Burger with Chips & Peas
- Falafel Balls, Chips & Peas **V VE**
- Steak, Chips & Peas **G**
- Fish Goujons, Chips & Peas
- Sausage, Mash & Peas

### DESSERTS

- Choice of Bidlea Dairy's Ice Cream or Sorbet **G V VE**
- Malteser Slice with Lemon Gel & Mint Chantilly Cream **V**
- Profiterole Sandwich with Chocolate Ganache, Crème  
Patisserie & Vanilla Ice Cream **V**

## DESSERTS

- Sticky Toffee Pudding with Honeycomb, Caramel Fudge,  
Blackberries, Toffee Sauce & Vanilla Pod Ice Cream **£7.50 V**
- Malteser Slice with Lemon Gel & Mint Chantilly Cream **£7.50 V**
- Jubilee Trifle with Lemon Curd, Swiss Roll, Lemon Custard,  
Mandarins, Whipped Cream & Amaretti Biscuits **£7.50**
- Profiterole Sandwiches with Chocolate Ganache, Crème  
Patisserie & Vanilla Ice Cream **£7.50 V**
- Lemon Curd Tartlet with Mixed Berries & Pickled Strawberries  
**£6.50 G V**
- Wensleydale, Stilton & Kidderton Ash Goat's Cheeseboard with  
Celery, Grapes & Chutney **£8.95 V**
- Choice of Bidlea Dairy's Ice Cream or Sorbet with Berries **£6.95**  
**G V VE**
- Vanilla Pod **G V**
- Strawberries & Cream **G V**
- Sorbet of the Week **G V VE**
- Vegan Ice Cream **V VE**
- Double Chocolate **G V**
- Salted Caramel **G V**
- Cookie Crumble **V**

## SIDE ORDERS

- Chips **£3.95 G V VE**
- Creamy Mashed Potatoes **£3.95 G V**
- Coleslaw **£3.50 G V VE**
- Béarnaise Sauce **£3.50 G V**
- Roasted Baby New Potatoes with Garlic and Herbs **£3.95 G V**
- Buttered Minted Peas **£3.50 G V VE**
- Garden Salad **£3.95 G V VE**
- Peppercorn Sauce **£3.50 G**

## BAGUETTES & LIGHT BITES

12-4PM MONDAY-SATURDAY

*All Baguettes are served with a Choice of Chips, Soup or  
House Salad*

Pan Fried 6oz Sirloin Steak & Chips **£14.95 G**  
(Served Pink or Well Done)

Philly Cheese Steak Baguette, Pan Fried Strips of Beef topped  
with Cheese, Onion & Mushroom **£12.95 G**

Beer Battered Fish Finger Baguette with Baby Gem Leaves &  
Homemade Chunky Tartare Sauce **£10.95**

Smoked Salmon, Guacamole & Rocket Baguette **£11.95 G**

Pulled Pork, Ham, Cheese & Pickle Toasted Baguette with  
English Mustard **£12.95 G**

Falafel Baguette with Red Pepper Salsa, Spicy Mayonnaise &  
Rocket **£10.95 V**

## COFFEE & HOT DRINKS

Caffè Americano – A shot of rich, full flavoured espresso with  
hot water & steamed milk **£3.25**

Caffè Latte – Rich, full bodied espresso in steamed milk with a  
light layer of milk foam **£3.45**

Cappuccino – Rich, full bodied espresso in steamed milk with a  
deep layer of milk foam **£3.45**

Espresso – Very strong black coffee made by forcing steam  
through ground coffee beans **£2.95** Double Espresso **£3.95**

Liqueur Coffee – Americano, with a shot of your choice of  
liqueur with Floated Cream & Sugar **£6.95**

Hot Chocolate – Hot chocolate with steamed milk **£3.75** (Add  
Marshmallows **50p**)

Teas – Decaf, English Breakfast, Earl Grey, Green Tea,  
Camomile, Lemon & Ginger, Cranberry & Raspberry Fruit Tea  
**£3.50**

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